

# POLOY RESTAURANT



## CHINESE CUISINE

### LUNCH & DINNER MENU

Kingsgrove RSL Club, 8 Brocklehurst Lane Kingsgrove NSW, 2208  
Ph: (02) 9336 1510

LUNCH - WEDNESDAY TO SUNDAY 11:30AM - 2:30PM  
DINNER - WEDNESDAY TO SUNDAY 5:30PM - 9:30PM

## ENTREE

	Member	Non Member
San Choy Bow (For 2 People)	\$14.00	\$16.50
Home-made Spring Rolls (4 Pieces)	\$7.50	\$8.80
Home-made Vegetarian Spring Rolls (4 Pieces)	\$7.50	\$8.80
Home-made Fried or Steamed Dim Sims (4 Pieces)	\$7.50	\$8.80
Mixed Entrée (Spring Rolls, Fried Dim Sims, Fried Wontons, Prawn Toast)	\$9.00	\$10.60
Fried Wontons (6 Pieces)	\$7.50	\$8.80
Fried Prawn Toast (2 Pieces)	\$5.50	\$6.50
Deep Fried King Prawn Cutlets (3 Pieces)	\$9.00	\$10.60
Prawn Cocktail with Sauce	\$9.50	\$11.20
Prawn Crackers	\$5.00	\$5.90
Plate of Hot Chips	Small \$6.50	\$7.60
	Large \$7.50	\$8.80

## SOUPS

Chicken and Sweet Corn Soup	\$7.50	\$8.80
Cream of Chicken Soup	\$7.50	\$8.80
Long Soup	\$7.50	\$8.80
Short Soup	\$7.50	\$8.80
Vegetable Soup	\$7.50	\$8.80
Seafood Soup	\$9.50	\$11.20
Combination Long Soup or Short Soup	\$19.50	\$22.90

## CHEFS SUGGESTIONS

<b>Special Shandy</b>	\$21.50	\$25.30
(Chicken, BBQ Pork, Vegetables & (2) King Prawn Cutlets, served with Fried Rice/Boiled Rice/Noodles)		
<b>Black Bean Special</b>	\$19.50	\$22.90
(Chicken, Beef, BBQ Pork & Vegetables in Black Bean Sauce, served with Fried Rice/Boiled Rice/Noodles)		
<b>Sweet &amp; Sour Special</b>	\$19.50	\$22.90
(Chicken, Beef, BBQ Pork & Vegetables in Sweet & Sour Sauce, served with Fried Rice/Boiled Rice/Noodles)		
<b>Curry Special</b>	\$19.50	\$22.90
(Chicken, Beef, BBQ Pork & Vegetables in Curry Sauce, served with Fried Rice/Boiled Rice/Noodles)		



Member Non Member



Member Non Member

## MAIN DISHES

Any choice of the following:

Beef/Chicken/BBQ Pork/School Prawns	\$18.50	\$21.80
Fish/Squid/Lamb	\$21.00	\$24.70
King Prawns or Combination	\$24.00	\$28.20
Seafood	\$25.00	\$29.40

With any Sauce Listed:

Sweet & Sour/Oyster/Curry/Satay/Black Bean/Black Pepper/Plum

Sizzling Plate with any Sauce Listed:

Garlic/Mongolian/Cantonese/Chilli/Szechuan

## DEEP FRIED DISHES

Honey King Prawns	\$24.00	\$28.20
Honey Chicken	\$18.50	\$21.80
Lemon Chicken	\$18.50	\$21.80
Sweet & Sour Pork	\$18.50	\$21.80
Cantonese Chicken or Beef Fritters	\$18.50	\$21.80

## SALT & PEPPER DISHES

All Dishes are Served as Deep Fried Dry Dish with Chilli & Garlic:

Beef/Chicken	\$19.50	\$22.90
Fish/Squid/Pork Spare Ribs	\$21.50	\$25.30
King Prawns or Combination	\$25.00	\$29.40

## DUCK

Deep Fried Duck with Sweet & Sour/Peking/Plum Sauce	\$24.00	\$28.20
Steamed Duck with Crab Meat/Combination Sauce	\$24.00	\$28.20

## NOODLES

	Member	Non Member
Singapore Noodles	\$18.50	\$21.80
Laksa Noodles with Chicken/Beef/Pork/Veg	\$18.50	\$21.80
Laksa Noodles with King Prawns or Combination	\$24.00	\$28.20
Stir Fried Chicken or Beef Rice Noodle	\$18.50	\$21.80

## OMELETTE

Beef/Chicken/BBQ Pork/School Prawn Omelette	\$18.50	\$21.80
King Prawns or Combination Omelette	\$24.00	\$28.20
Plain Omelette	\$13.00	\$15.30
Vegetable Omelette	\$18.50	\$21.80
Served with Gravy Sauce		

## CHOW MEIN (CRISPY EGG NOODLES)

Beef/Chicken/BBQ Pork/School Prawns/Vegetables	\$18.50	\$21.80
King Prawns or Combination	\$24.00	\$28.20
Change to Soft Noodles extra	\$4.00	\$4.70

## RICE DISHES

Steamed Rice	Small	\$3.00	\$3.60
	Large	\$6.00	\$7.10
Fried Rice	Small	\$8.00	\$9.40
	Large	\$10.00	\$11.80
Special Fried Rice	Small	\$12.00	\$14.10
	Large	\$14.00	\$16.50

## EXTRA

Ginger/Mushrooms/Fresh Chilli/Garlic	\$2.00	\$2.40	
Chinese Style Sauces	Small	\$3.00	\$3.60
	Large	\$5.00	\$5.90

## VEGETARIAN DISHES

	Member	Non Member	
Home-made Vegetarian Spring Rolls (4 pieces)	\$7.50	\$8.80	
Vegetarian San Choy Bow	\$14.00	\$16.50	
Steamed Vegetables	\$18.50	\$21.80	
Vegetarian Fried Rice	Small	\$8.00	\$9.40
	Large	\$10.00	\$11.80
Vegetarian Singapore Noodles	\$18.50	\$21.80	
Vegetarian Pad Thai	\$18.50	\$21.80	

## THAI DISHES

### 1. Grand Pad (Red Curry)

Chicken/Beef	\$18.50	\$21.80
Vegetables	\$18.50	\$21.80
King Prawns	\$24.00	\$28.20

### 2. Fang Kew Wan (Green Curry)

Chicken/Beef	\$18.50	\$21.80
Vegetables	\$18.50	\$21.80
King Prawns	\$24.00	\$28.20

### 3. Massaman Curry Beef

A Classical Sweet Mild Curry Cooked in Coconut Milk with Potato & Topped with Peanuts	\$18.50	\$21.80
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### 4. Intra Beef

Sauté Beef With Tasty Peanut Sauce & Vegetables	\$18.50	\$21.80
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### 5. Chicken Ginger

Sauté Breast of Chicken with Ginger, Onion, Shallots & Mushroom, Finished with Coconut Cream	\$19.50	\$22.90
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### 6. Chicken Pad Thai

Stir-fried Rice Noodles with Egg & Mixed Vegetables. Topped with Peanuts	\$18.50	\$21.80
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### 7. Sizzling Seafood

Seafood Combination Cooked with Garlic, Chilli & Basil & vegetables	\$25.00	\$29.40
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## EXTRAS

Bread Roll and Butter	\$2.00	\$2.40	
Plate of Hot Chips	Small	\$6.50	\$7.60
	Large	\$7.50	\$8.80
Gravy Sauce	\$3.00	\$3.50	

## CHINESE BANQUETS



### BANQUET A (MINIMUM 4 PEOPLE)

Mini Spring Rolls, Home-made Fried Dim Sims, Sweet & Sour Pork, Beef with Black Bean Sauce, Braised Chicken with Cashews & Fried Rice

Member	Non Member
\$22.00	\$25.90

### BANQUET B (MINIMUM 4 PEOPLE)

Home-made Fried Dim Sims, Mini Spring Rolls, Prawn Toast, Deluxe Combination, Sweet & Sour Pork, Garlic Beef, Szechuan King Prawns, Fried Rice & Chocolate Cake with Ice-cream

\$29.00	\$34.10
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### BANQUET C (MINIMUM 4 PEOPLE)

Prawns Cocktails, Mini Spring Rolls, Home-made Fried Dim Sims, Prawn Toast, Garlic King Prawns, Seafood Combination, Sate Beef, Honey Chicken, Special Fried Rice & Deep Fried Ice-cream

\$35.00	\$41.20
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## KIDS MEALS

	Member	Non Member
Fish Cocktails & Chips	\$10.50	\$12.40
Calamari Rings & Chips	\$10.50	\$12.40
Chicken Nuggets & Chips	\$10.50	\$12.40
Spring Rolls & Chips	\$10.50	\$12.40
Fried Dim Sims & Chips	\$10.50	\$12.40

## DESSERT

Ice-cream & Flavouring (Strawberry, Caramel, Chocolate)	\$5.50	\$6.50
Banana Fritter with Ice-cream or Cream	\$9.00	\$10.60
Banana Split with Ice-cream or Cream	\$9.00	\$10.60
Deep Fried Ice-cream or Cream	\$9.50	\$11.20

Please advise your waiter of any dietary requirements or allergies

Take-away containers are 0.50 each

All prices inclusive of GST

No MSG added to meals

Prices subject to change without notification