

POLOY RESTAURANT



CHINESE CUISINE

LUNCH & DINNER MENU

Kingsgrove RSL Club, 8 Brocklehurst Lane Kingsgrove NSW, 2208

Ph: (02) 9336 1510

LUNCH - WEDNESDAY TO SUNDAY 11.30AM - 2.30PM

DINNER - WEDNESDAY TO SUNDAY 5.30PM-9.30PM

Member Non Member

ENTREE

San Choy Bow (For 2 People)	\$15.00	\$17.50
Home-made Spring Rolls (4 Pieces)	\$8.00	\$9.40
Home-made Vegetarian Spring Rolls (4 Pieces)	\$8.00	\$9.40
Home-made Fried or Steamed Dim Sims (4 Pieces)	\$8.00	\$9.40
Mixed Entrée (Spring Roll, Fried Dim Sim, Fried Wontons, Prawn Toast	\$10.00	\$11.80
Fried Wontons (6 Pieces)	\$8.00	\$9.40
Fried Prawn Toast (2 Pieces)	\$6.00	\$7.00
Deep Fried King Prawn Cutlets (3 Pieces)	\$9.50	\$11.20
Prawn Cocktail with Sauce	\$10.50	\$12.30
Prawn Crackers	\$5.50	\$6.50
Plate of Hot Chips	Small \$7.00	\$8.20
	Large \$8.00	\$9.40

YUM CHA

Prawn dumplings	\$12.50	\$14.70
Dim Sim Platter	\$15.00	\$17.60
BBQ Pork Buns	\$8.00	\$9.40
Pork Gyoza	\$10.00	\$11.80
Crab Claws	\$12.50	\$14.70
Prawn Twisters	\$15.00	\$17.60

SOUPS

Chicken and Sweet Corn Soup	\$8.00	\$9.40
Cream of Chicken Soup	\$8.00	\$9.40
Long Soup	\$8.00	\$9.40
Short Soup	\$8.00	\$9.40
Vegetable Soup	\$8.00	\$9.40
Seafood Soup	\$9.50	\$11.20
Combination Long Soup	\$20.00	\$23.50
Combination Short Soup	\$20.00	\$23.50





Member Non Member

CHEFS SUGGESTIONS

Special Shandy \$22.50 \$26.50

(Chicken, BBQ Pork, Vegetables & (2) King Prawn Cutlets,
served with Fried Rice/Boiled Rice/Noodles)

Black Bean Special \$20.50 \$24.10

(Chicken, Beef, BBQ Pork & Vegetables in Black
Bean Sauce, served with Fried Rice/Boiled Rice/Noodles)

Sweet & Sour Special \$20.50 \$24.10

(Chicken, Beef, BBQ Pork & Vegetables in Sweet &
Sour Sauce, served with Fried Rice/Boiled Rice/Noodles)

Curry Special \$20.50 \$24.10

(Chicken, Beef, BBQ Pork & Vegetables in Curry Sauce,
served with Fried Rice/Boiled Rice/Noodles)

MAIN DISHES

Any choice of the following:

Beef/Chicken/BBQ Pork/School Prawns \$19.50 \$22.90

Fish/Squid/Lamb \$22.00 \$25.90

King Prawns or Combination \$25.00 \$29.40

Seafood \$26.00 \$30.60

With any Sauce Listed:

Sweet & Sour/Oyster/Curry/Satay/Black Bean/Black Pepper/Plum

Sizzling Plate with any Sauce Listed:

Garlic/Mongolian/Cantonese/Chilli/Szechuan

DEEP FRIED DISHES

Honey King Prawns \$25.00 \$29.40

Honey Chicken \$19.50 \$22.90

Lemon Chicken \$19.50 \$22.90

Sweet & Sour Pork \$19.50 \$22.90

Cantonese Chicken or Beef Fritters \$19.50 \$22.90

Member Non Member

SALT & PEPPER DISHES

All Dishes are Served as Deep Fried Dry Dish with Chilli & Garlic:

Beef/Chicken	\$20.50	\$24.10
Fish/Squid/Pork Spare Ribs	\$22.50	\$26.50
King Prawns or Combination	\$26.00	\$30.60

DUCK

Deep Fried Duck with Sweet & Sour/Peking/Plum Sauce	\$25.00	\$29.40
Steamed Duck with Crab Meat/Combination Sauce	\$25.00	\$29.40

NOODLES

Singapore Noodles	\$19.50	\$22.90
Laksa Noodles with Chicken/Beef/Pork/Veg	\$19.50	\$22.90
Laksa Noodles with King Prawns or Combination	\$25.00	\$29.40
Stir Fried Chicken Rice Noodles	\$19.50	\$22.90
Stir Fried Beef Rice Noodle	\$19.50	\$22.90

OMELETTE

Beef/Chicken/BBQ Pork/School Prawn Omelette	\$19.50	\$22.90
King Prawns or Combination Omelette	\$25.00	\$29.40
Plain Omelette	\$14.00	\$16.50
Vegetable Omelette	\$19.50	\$22.90
Served with Gravy Sauce		

CHOW MEIN (CRISPY EGG NOODLES)

Beef/Chicken/BBQ Pork/School Prawns/Vegetables	\$19.50	\$22.90
King Prawns or Combination	\$25.00	\$29.40
Change to Soft Noodles extra	\$4.50	\$5.30

RICE DISHES

Steamed Rice	Small \$3.50	\$4.10
	Large \$6.50	\$7.70
Fried Rice	Small \$9.00	\$10.60
	Large \$11.00	\$12.90
Special Fried Rice	Small \$12.00	\$14.10
	Large \$15.00	\$17.50



VEGETARIAN DISHES

	Member	Non Member
Home-made Vegetarian Spring Rolls (4 pieces)	\$8.00	\$9.40
Vegetarian San Choy Bow	\$15.00	\$17.60
Steamed Vegetables	\$19.50	\$22.90
Vegetarian Fried Rice	Small \$9.00	\$10.60
	Large \$11.00	\$12.90
Vegetarian Singapore Noodles	\$19.50	\$22.90
Vegetarian Pad Thai	\$19.50	\$22.90

THAI DISHES

1. Grand Ped (Red Curry)

Chicken/Beef	\$19.50	\$22.90
Vegetables	\$19.50	\$22.90
King Prawns	\$25.00	\$29.40

2. Fang Kew Wan (Green Curry)

Chicken/Beef	\$19.50	\$22.90
Vegetables	\$19.50	\$22.90
King Prawns	\$25.00	\$29.40

3. Massaman Curry Beef

A Classical Sweet Mild Curry Cooked in Coconut Milk with Potato & Topped with Peanuts	\$19.50	\$22.90
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4. Intra Beef

Sauté Beef With Tasty Peanut Sauce & Vegetables	\$19.50	\$22.90
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5. Chicken Ginger

Sauté Breast of Chicken with Ginger, Onion, Shallots & Mushroom, Finished with Coconut Cream	\$20.50	\$24.10
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6. Chicken Pad Thai

Stir-fried Rice Noodles with Egg & Mixed Vegetables. Topped with Peanuts	\$19.50	\$22.90
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7. Sizzling Seafood

Seafood Combination Cooked with Garlic, Chilli & Basil & vegetables	\$26.00	\$30.60
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CHINESE BANQUETS



BANQUET A (MINIMUM 4 PEOPLE)

Member	Non Member
\$23.00	\$27.00

Mini Spring Rolls, Home-made Fried Dim Sims,
Sweet & Sour Pork, Beef with Black Bean Sauce,
Braised Chicken with Cashews & Fried Rice

BANQUET B (MINIMUM 4 PEOPLE)

\$30.00	\$35.30
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Home-made Fried Dim Sims, Mini Spring Rolls,
Prawn Toast, Deluxe Combination, Sweet & Sour Pork,
Garlic Beef, Szechuan King Prawns, Fried Rice &
Chocolate Cake with Ice-cream

BANQUET C (MINIMUM 4 PEOPLE)

\$36.00	\$42.40
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Prawns Cocktails, Mini Spring Rolls, Home-made Fried
Dim Sims, Prawn Toast, Garlic King Prawns,
Seafood Combination, Sate Beef, Honey Chicken,
Special Fried Rice & Deep Fried Ice-cream

KIDS MEALS

Member	Non Member
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Fish Cocktails & Chips	\$11.00	\$12.90
Calamari Rings & Chips	\$11.00	\$12.90
Chicken Nuggets & Chips	\$11.00	\$12.90
Spring Rolls & Chips	\$11.00	\$12.90
Fried Dim Sims & Chips	\$11.00	\$12.90

DESSERT

Ice-cream & Flavouring (Strawberry, Caramel, Chocolate)	\$6.00	\$7.00
Banana Fritter with Ice-cream or Cream	\$10.00	\$11.80
Banana Split with Ice-cream or Cream	\$10.00	\$11.80
Deep Fried Ice-cream or Cream	\$10.50	\$12.30

Please advise your waiter of any dietary requirements or allergies

Take-away containers are 0.50 each

All prices inclusive of GST

No MSG added to meals

Prices subject to change without notification