

POLOY RESTAURANT



CHINESE CUISINE

LUNCH & DINNER MENU

Kingsgrove RSL Club, 8 Brocklehurst Lane Kingsgrove NSW, 2208

Ph: (02) 9336 1510

LUNCH - WEDNESDAY TO SUNDAY 11.30AM - 2.30PM

DINNER - WEDNESDAY TO SUNDAY 5.30PM - 9.30PM

Member Non Member

ENTREE

San Choy Bow (For 2 People)	\$16.00	\$18.80
Home-made Spring Rolls (4 Pieces)	\$9.00	\$10.60
Home-made Vegetarian Spring Rolls (4 Pieces)	\$9.00	\$10.60
Home-made Fried or Steamed Dim Sims (4 Pieces)	\$9.00	\$10.60
Mixed Entrée (Spring Roll, Fried Dim Sim,		
Fried Wontons, Prawn Toast	\$11.00	\$12.90
Fried Wontons (6 Pieces)	\$9.00	\$10.60
Fried Prawn Toast (2 Pieces)	\$7.00	\$8.20
Deep Fried King Prawn Cutlets (3 Pieces)	\$10.00	\$11.80
Deep Fried Prawn Balls	\$13.50	\$15.90
Prawn Cocktail with Sauce	\$11.00	\$12.90
Prawn Crackers	\$6.00	\$7.00
Plate of Hot Chips	Small \$8.00	\$9.40
	Large \$9.00	\$10.60

YUMCHA

Prawn dumplings	\$13.50	\$15.90
Dim Sim Platter	\$16.00	\$18.80
BBQ Pork Buns	\$9.00	\$10.60
Pork Gyoza (steamed or pan fried)	\$11.00	\$12.90
Chicken Buns	\$9.00	\$10.60
Vegetarian Gou Gee	\$11.00	\$12.90

SOUPS

Chicken and Sweet Corn Soup	\$9.00	\$10.60
Cream of Chicken Soup	\$9.00	\$10.60
Crab Meat Sweet Corn Soup	\$9.00	\$10.60
Long Soup	\$9.00	\$10.60
Short Soup	\$9.00	\$10.60
Vegetable Soup	\$9.00	\$10.60
Combination Long Soup	\$21.00	\$24.70
Combination Short Soup	\$21.00	\$24.70





Member Non Member

CHEFS SUGGESTIONS

Special Shandy	\$24.00	\$28.20
(Chicken, BBQ Pork, Vegetables & (2) King Prawn Cutlets, served with Fried Rice/Boiled Rice/Noodles)		
Black Bean Special	\$22.00	\$25.90
(Chicken, Beef, BBQ Pork & Vegetables in Black Bean Sauce, served with Fried Rice/Boiled Rice/Noodles)		
Sweet & Sour Special	\$22.00	\$25.90
(Chicken, Beef, BBQ Pork & Vegetables in Sweet & Sour Sauce, served with Fried Rice/Boiled Rice/Noodles)		
Curry Special	\$22.00	\$25.90
(Chicken, Beef, BBQ Pork & Vegetables in Curry Sauce, served with Fried Rice/Boiled Rice/Noodles)		
Mongolian Special	\$22.00	\$25.90
(Chicken, Beef, BBQ Pork & Vegetables in Mongolian Sauce, served with Fried Rice/Boiled Rice/Noodles)		

MAIN DISHES

Any choice of the following:

Beef/Chicken/BBQ Pork/School Prawns	\$21.00	\$24.70
Fish/Squid/Lamb	\$24.00	\$28.20
King Prawns or Combination	\$27.00	\$31.80
Seafood	\$28.00	\$32.90

With any Sauce Listed:

Sweet & Sour/Oyster/Curry/Satay/Black Bean/Black Pepper/Plum
Garlic/Mongolian/Cantonese/Chilli/Szechuan

DEEP FRIED DISHES

Honey King Prawns	\$27.00	\$31.80
Honey Chicken	\$21.00	\$24.70
Lemon Chicken	\$21.00	\$24.70
Sweet & Sour Pork	\$21.00	\$24.70
Cantonese Chicken or Beef Fritters	\$21.00	\$24.70

Member Non Member

SALT & PEPPER DISHES

All Dishes are Served as Deep Fried Dry Dish with Chilli & Garlic:

Beef/Chicken	\$22.00	\$25.90
Fish/Squid/Pork Spare Ribs	\$24.00	\$28.20
King Prawns or Combination	\$28.00	\$32.90
Chicken Wings	\$22.00	\$25.90
Tofu Bean Curd	\$21.00	\$24.70

DUCK

Deep Fried Duck with Sweet & Sour/Peking/Plum Sauce	\$27.00	\$31.80
Steamed Duck with Crab Meat/Combination Sauce	\$27.00	\$31.80

NOODLES

Singapore Noodles	\$20.50	\$24.10
Laksa Noodles with Chicken/Beef/Pork/Veg	\$20.50	\$24.10
Laksa Noodles with King Prawns or Combination	\$27.00	\$31.80
Stir Fried Chicken Rice Noodles	\$20.50	\$24.10
Stir Fried Beef Rice Noodle	\$20.50	\$24.10

OMELETTE

Beef/Chicken/BBQ Pork/School Prawn Omelette	\$21.00	\$24.70
King Prawns or Combination Omelette	\$27.00	\$31.80
Plain Omelette	\$15.00	\$17.60
Vegetable Omelette	\$21.00	\$24.70
Served with Gravy Sauce		

CHOW MEIN (CRISPY EGG NOODLES)

Beef/Chicken/BBQ Pork/School Prawns/Vegetables	\$21.00	\$24.70
King Prawns or Combination	\$27.00	\$31.80
Change to Soft Noodles extra	\$5.00	\$5.90

RICE DISHES

Steamed Rice	Small	\$4.00	\$4.70
	Large	\$7.00	\$8.20
Fried Rice	Small	\$10.00	\$11.80
	Large	\$12.00	\$14.10
Special Fried Rice	Small	\$13.00	\$15.30
	Large	\$16.00	\$18.80
Thai Chicken & Pineapple Fried Rice	Small	\$13.00	\$15.30
	Large	\$16.00	\$18.80
Poloy Beef Fried Rice	Small	\$13.00	\$15.30
	Large	\$16.00	\$18.80

VEGETARIAN DISHES

	Member	Non Member
Home-made Vegetarian Spring Rolls (4 pieces)	\$9.00	\$10.60
Vegetarian San Choy Bow	\$16.00	\$18.80
Steamed Vegetables	\$20.50	\$24.10
Vegetarian Fried Rice	Small \$10.00	\$11.80
	Large \$12.00	\$14.10
Vegetarian Singapore Noodles	\$20.50	\$24.10
Vegetarian Pad Thai	\$20.50	\$24.10

THAI DISHES

1. Grand Ped (Red Curry)

Chicken/Beef	\$21.50	\$25.30
Vegetables	\$21.50	\$25.30
King Prawns	\$27.00	\$31.80

2. Fang Kew Wan (Green Curry)

Chicken/Beef	\$21.50	\$25.30
Vegetables	\$21.50	\$25.30
King Prawns	\$27.00	\$31.80

3. Massaman Curry Beef

A Classical Sweet Mild Curry Cooked in Coconut Milk with Potato & Topped with Peanuts	\$21.50	\$25.30
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4. Intra Beef

Sauté Beef With Tasty Peanut Sauce & Vegetables	\$21.50	\$25.30
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5. Chicken Ginger

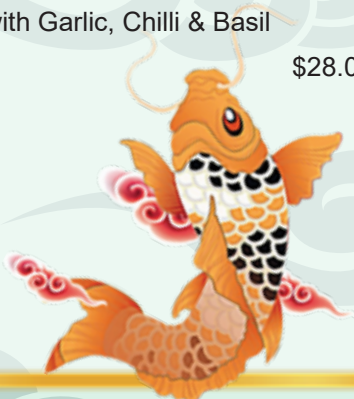
Sauté Breast of Chicken with Ginger, Onion, Shallots & Mushroom, Finished with Coconut Cream	\$21.50	\$25.30
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6. Chicken Pad Thai

Stir-fried Rice Noodles with Egg & Mixed Vegetables. Topped with Peanuts	\$21.50	\$25.30
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7. Thai Seafood

Seafood Combination Cooked with Garlic, Chilli & Basil & vegetables	\$28.00	\$32.90
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CHINESE BANQUETS



	Member	Non Member
BANQUET A (MINIMUM 4 PEOPLE)	\$25.00	\$29.40
Mini Spring Rolls, Home-made Fried Dim Sims, Sweet & Sour Pork, Beef with Black Bean Sauce, Braised Chicken with Cashews, Fried Rice & Boiled Rice		
BANQUET B (MINIMUM 4 PEOPLE)	\$32.00	\$37.60
Home-made Fried Dim Sims, Mini Spring Rolls, Prawn Toast, Deluxe Combination, Honey Chicken, Garlic Beef, Szechuan King Prawns, Fried Rice, Boiled Rice & Assorted Cake with Ice-cream		
BANQUET C (MINIMUM 4 PEOPLE)	\$38.00	\$47.20
Prawns Cutlet, Mini Spring Rolls, Home-made Fried Dim Sims, Prawn Toast, Garlic King Prawns , Seafood Combination, Sate Beef, Lemon Chicken, Special Fried Rice, Boiled Rice & Deep Fried Ice-cream		

KIDS MEALS

	Member	Non Member
Fish Cocktails & Chips	\$12.00	\$14.10
Calamari Rings & Chips	\$12.00	\$14.10
Chicken Nuggets & Chips	\$12.00	\$14.10
Spring Rolls & Chips	\$12.00	\$14.10
Fried Dim Sims & Chips	\$12.00	\$14.10

DESSERT

Ice-cream & Flavouring (Strawberry, Caramel, Chocolate)	\$6.50	\$7.60
Banana Fritter with Ice-cream or Cream	\$11.00	\$12.90
Banana Split with Ice-cream or Cream	\$11.00	\$12.90
Deep Fried Ice-cream or Cream	\$12.00	\$14.10

Please advise your waiter of any dietary requirements or allergies

Take-away containers are 0.50 each

All prices inclusive of GST

No MSG added to meals

Prices subject to change without notification

Credit Card Surcharge 1.2%